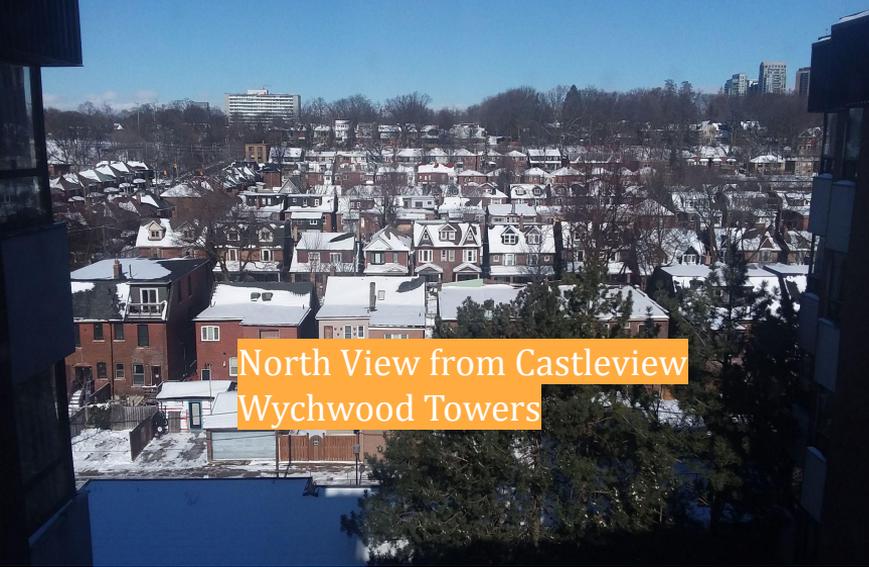




**2021: Year in Review
with Photos**



North View from Castleview
Wychwood Towers



South View CWT-Sunrise

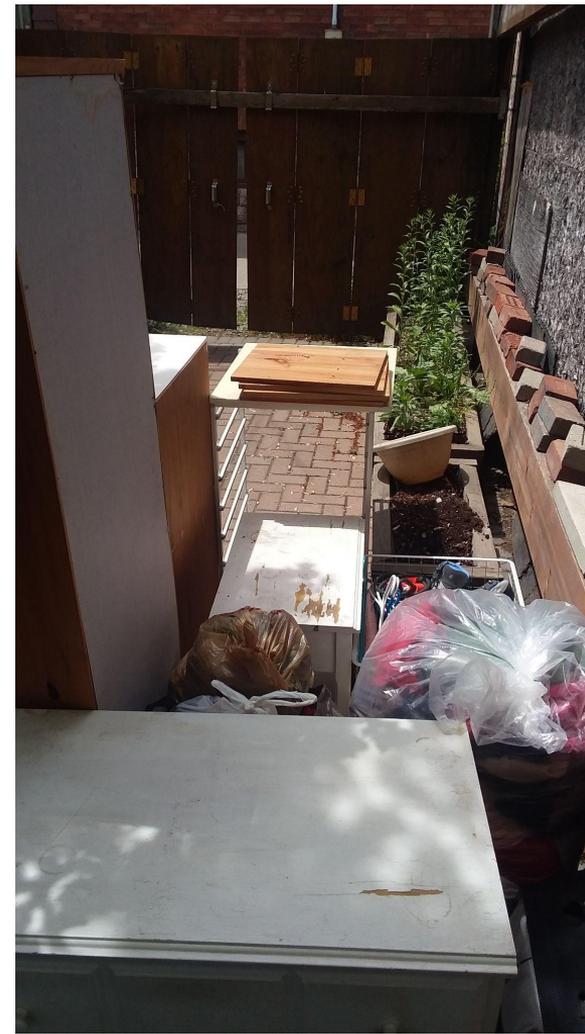


Non-stop outbreaks and PPE in LTC

January and February were all about helping in Long Term Care during the second wave.



I spent about 3 months looking for an apartment and on June 1st I moved into it. The move was mostly done walking 3 kms with dolly, several bike trips and one van load.





Basil took off with
the East view from
June to September

With the move, my
directional preference in
Toronto changed. It
seemed overnight I
became an East End Girl
from years of loving the
West End!



Had my first swim at Riverdale
pool after the longest break
from it. Happy it's been
regular since.



On a positive summer note, I managed to find new gleaning spots closer to me and my workplace!

During the Spring and summer months Seniors day programs were virtual. Staff had to help out with Meals on Wheels due to losing volunteers during the pandemic. It was an eye opening experience and made me more aware of the disparity in this city.



For my birthday dinner, I ate sushi for the first time in 5 years! Went all out and shared a platter of 80 pieces and finished it all!



I worked for the first time in 10 years on my birthday but the weekend before I got to have my first and only lake swim on Wolfe Island.



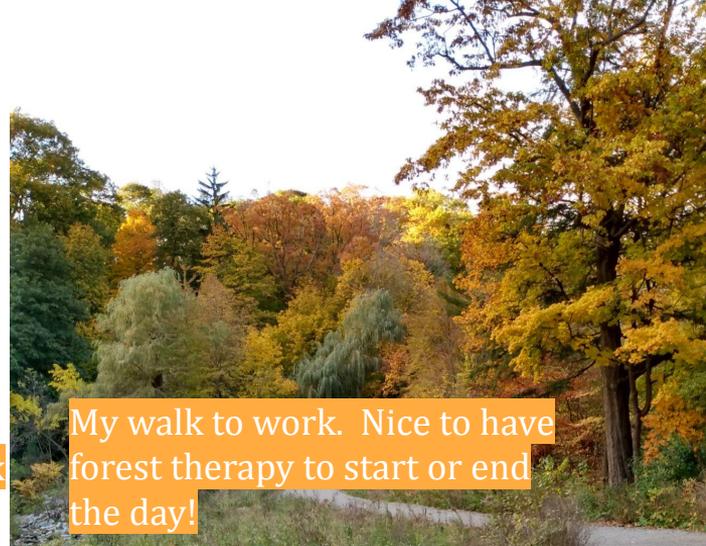


I have started my day with bean vegetable soup for 2 years. Comforting and warm and keeps me going for the whole morning.

This is good for 6 meals. That's about 700 ml of beans/legumes



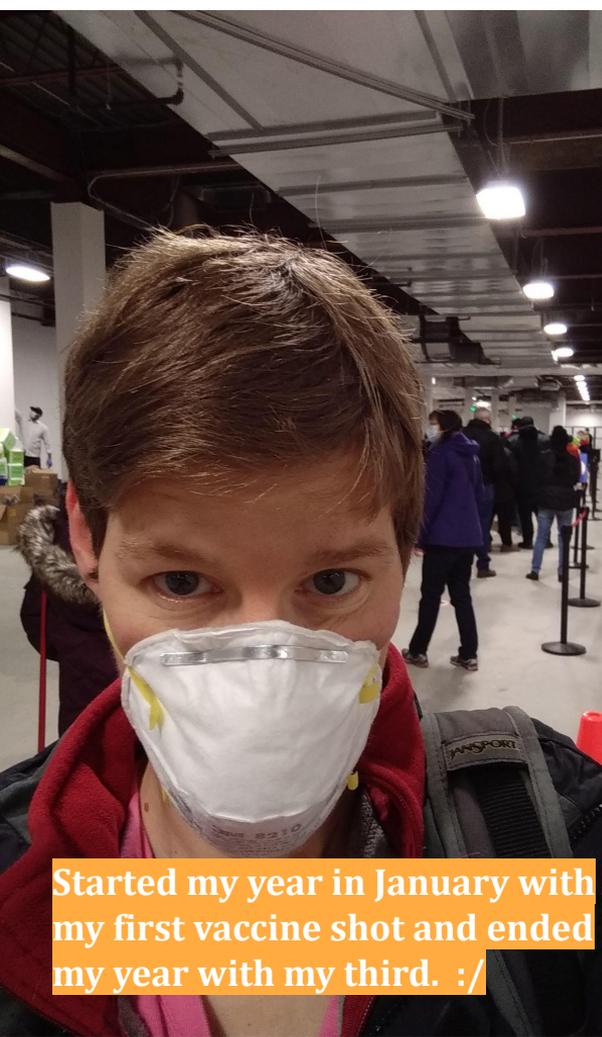
I taught one fitness class a week at a neighbourhood community centre. It was both fun and odd to be teaching again.



My walk to work. Nice to have forest therapy to start or end the day!



I went full-time at the end of August when I went back to in-person programming. Strict safety protocols made it challenging for staff and participants.



Started my year in January with my first vaccine shot and ended my year with my third. ./



First visit to AGO, the same week I went to my first concert. How much I missed being in beautiful spaces and sharing music in public

My winter view.

